

# FLORIDA ADLERIAN SOCIETY



The 22<sup>nd</sup> Conference

March 2<sup>nd</sup> and 3<sup>rd</sup>, 2018

At the

Safety Harbor Resort and Spa  
Safety Harbor, FL

## Florida Adlerian Society

1509 W. Swann Ave., Suite 215  
Tampa, FL 33606

[813] 251-8484  
[www.adlerflorida.org](http://www.adlerflorida.org)

The conference for people who want to improve their relationships. Ideal for educators, parents, leaders, students and mental health professionals.

In depth Adlerian  
Psychology  
And a day of  
counseling  
demonstrations

Offering 8 hours of CE's

To register go to:  
[www.adlerflorida.org](http://www.adlerflorida.org)



Overcoming difficulties leads to  
courage, self-respect, and knowing  
yourself.

— Alfred Adler —

AZ QUOTES

# TAKE CHARGE OF YOUR LIFE

# FRIDAY EVENING

## Key Note: Empowered by Encouragement By Geri Carter, LMHC, CST, President Florida Adlerian Society

**7:30 PM** Fear, power, criticism and punishment are not effective in motivating ourselves and others. We need a new tradition of encouragement through equality, respect and dignity to help us realize the tremendous influence we have over ourselves and others. We can make ourselves well or sick, we can play weak or strong depending on our level of encouragement.

**8:30 PM til 9:30** Encouragement Exchange, enjoy food, libations and a lively discussion about the keynote with conference participants and peers.



## SATURDAY

### FOR COURAGEOUS PARENTS AND TEACHERS (Track 1)

**A Morning with Kathleen A Walton, Childcare Expert and Author, Columbia SC**

9:00 Welcome and Social Interest Award

9:15 Fostering Cooperation and Responsivness in the Classroom

10:45 Parenting Challenges: An Opportunity to Address Your Concerns

NASAP Affiliation:

This program is sponsored by the North American Society of Adlerian Psychology. NASAP is approved by the American Psychological Association to offer continuing education for psychologists. NASAP maintains responsibility for this program and its content.

*Florida Adlerian Society is a Continuing Education Provider (#50-11815) for the Florida Department of Health's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling.*

## SATURDAY

### TAKE CHARGE OF YOUR LIFE (Track 2)

9:00 Welcome and Social Interest Award

9:15 Understanding Yourself and Others, Timothy Evans, PhD, LMFT, Carter and Evans Marriage and Family Therapy, Tampa, FL

Your choices in marriage, work, leisure activities and relationships with friends is influenced by the interpretation you have of your family and life experiences. By understanding your lifestyle assessment you can make better choices to improve the quality of your life. (This is an alternative to an unhelpful DSM Diagnosis)

10:45 Love: A task for Two, Geri Carter, LMHC, and Timothy Evans, PhD, LMFT, Carter and Evans Marriage and Family Therapy, Tampa FL

Love begins with infatuation, but does not earn the name of love without discipline, cooperation and sacrifice. We all want a dynamic relationship but not everyone is willing to do the work of cooperation, hard conversations, handling hurt feelings, and forgiveness. Participants will learn what creates an emotionally self reliant and satisfying relationship.

12:15 Lunch on your Own

1:30 Solutions Through Adlerian Psychology, Francis X. Walton, PhD, Psychologist, Columbia, SC

The presenter will explain and demonstrate an approach to working with families to help them solve problems, increase cooperation, and influence young people to develop their concern for fellow human beings..

4:15 Q & A, Evaluations